



# Birding Trail of the Fredericton Region



New Brunswick is uniquely situated to be an exciting birding destination throughout the year. New Brunswick is a picturesque province with a wide range of habitats for birds, from marine coastlines to marshes to Acadian forest. Situated along a migratory flyway, New Brunswick hosts thousands of migrating birds each spring and fall and is an important stopover site for many species. New Brunswick is also visited by many vagrant or stray birds that get redirected to this region by weather patterns along the Atlantic coast. Avid birdwatchers have documented more than 420 bird species in New Brunswick. We welcome you to explore our beautiful province to discover our rich diversity of birds!

Situated along the Wolastoq (St. John River), the Fredericton region is a choice destination for birders who are looking for a diverse array of habitats set against a rich historical backdrop. The Wolastoq is Eastern Canada's longest river, and the river valley offers a wide variety of habitats including wetlands, backwaters, creeks, woodland, and Acadian forest. Many birding sites within the City of Fredericton are easily accessible on foot thanks to the extensive cross-city trail system and numerous urban parks. There is no shortage of birds to admire in this region, including numerous species of waterfowl, songbirds, raptors, and more!

Red-breasted Nuthatch and Osprey by David Lilly; Eastern Pheobe by Ellen Tramley Seymour; Kildeer by Maxwell Francioni.



The sites in this guide were carefully selected by local naturalists to offer a wide range of birding opportunities for visiting birdwatchers of all skill and interest levels. All of the sites listed here are accessible to the public. See individual site descriptions for the best time to visit each site. This guide was produced with funding support from the New Brunswick Wildlife Trust Fund.

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## Éthique de l'observation d'oiseaux

Les observateurs d'oiseaux responsables respectent le bien-être des oiseaux et de leur environnement. Afin d'éviter de causer du stress chez les oiseaux, suivez les directives du Code d'éthique d'observation d'oiseaux de la American Birding Association. Voici un extrait (on peut consulter le code d'éthique dans son intégralité en ligne ici: [listing.aba.org/ethics](http://listing.aba.org/ethics)).

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Limiter l'utilisation de bandes sonores pour attirer les oiseaux; ne jamais se servir de bandes sonores durant la saison de reproduction, et jamais pour attirer des espèces en péril.

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Rester loin des nids, des colonies, des nichoirs et des sites d'alimentation.

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Éviter de se servir de lumière artificielle pour la photographie ou les vidéos.

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Avant d'annoncer la présence d'un oiseau rare, évaluer le potentiel de perturbation pour l'oiseau, les environs et les gens de la région.

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Faire l'observation en petits groupes pour limiter l'impact sur l'environnement et les perturbations pour les oiseaux et les autres êtres vivants.

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Demeurer sur les routes et les sentiers lorsque possible et limiter les perturbations aux habitats.

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Ne pas mettre pied sur les terrains privés sans avoir obtenu la permission explicite du propriétaire.

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Suivre toutes les lois et les règlements gouvernant l'utilisation des routes et des lieux publics.

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Être courtois avec les autres. Votre comportement exemplaire aidera à créer de la bonne volonté parmi les observateurs d'oiseaux et les gens de la région.



**Nature NB** is a non-profit, charitable organization whose mission is to celebrate, conserve and protect New Brunswick's natural heritage through education, networking, and collaboration.

**Nature NB** est un organisme de bienfaisance à but non lucratif qui a comme mission de célébrer, conserver et protéger le patrimoine naturel du Nouveau-Brunswick par l'éducation, le réseautage et la collaboration.

 [naturenb](https://www.facebook.com/naturenb)  [NatureNB](https://twitter.com/NatureNB)  [nature.nb](https://www.instagram.com/nature.nb)



David Lilly

## Birding Ethics

Responsible birders respect the welfare of birds and their environment. To avoid undue stress on birds, follow the American Birding Association Code of Birding Ethics, excerpted below (full code available online at [listing.aba.org/ethics](http://listing.aba.org/ethics)):

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Limit the use of recordings to attract birds; never use recordings to attract species at risk and never use recordings during breeding season.

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Keep well back from nests, nesting colonies, roosts, display areas, and feeding sites.

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Use artificial light sparingly for photography or filming.

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Before advertising the presence of a rare bird, evaluate the potential for disturbance to the bird, its surroundings, and people in the area.

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Keep groups to a size that limits impact on the environment and limits disturbance to birds and others.

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Stay on roads and trails where they exist and keep habitat disturbance to a minimum.

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Do not enter private property without owner's explicit permission.

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Follow all laws and regulations governing use of roads and public areas.

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Practise common courtesy in contacts with other people. Your exemplary behaviour will generate goodwill with birders and non-birders alike.

Pour de plus amples renseignements au sujet de l'observation d'oiseaux dans la région de Fredericton, joignez-vous au **Fredericton Nature Club**.

To learn more about birdwatching in Fredericton, join the **Fredericton Nature Club**.  
[www.frederictonnatureclub.com](http://www.frederictonnatureclub.com)



Maxwell Francioni

